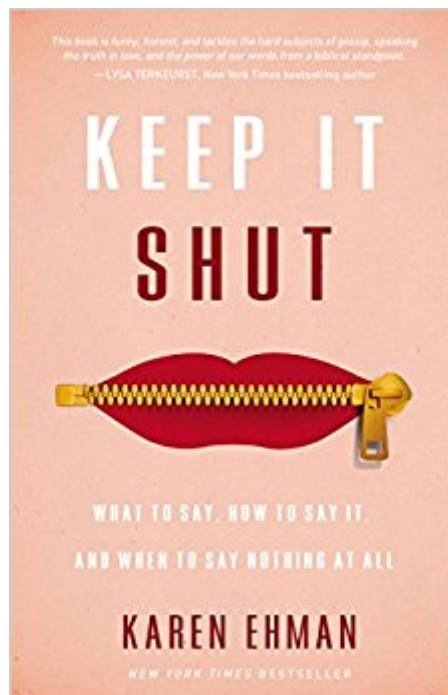




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# Keep It Shut: What To Say, How To Say It, And When To Say Nothing At All



## Synopsis

Keep It Shut by Karen Ehman explores how to better control your tongue, knowing what to say and how to say it, and realizing when it is best to say nothing at all. From Bible times to modern times women have struggled with their words. What to say and how to say it. What not to say. When it is best to remain silent. And what to do when you've said something you wish you could now take back. In this book a woman whose mouth has gotten her into loads of trouble shares the hows (and how-not-tos) of dealing with the tongue. Beyond just a "how not to gossip" book, this book explores what the Bible says about the many ways we are to use our words and the times when we are to remain silent. Karen will cover using our speech to interact with friends, co-workers, family, and strangers as well as in the many places we use our words in private, in public, online, and in prayer. Even the words we say silently to ourselves. She will address unsolicited opinion-slinging, speaking the truth in love, not saying words just to people-please, and dealing with our verbal anger. Christian women struggle with their mouths. Even though we know that Scripture has much to say about how we are to use our words, this is still an immense issue, causing heartache and strain not only in family relationships, but also in friendships, work, and church settings.

## Book Information

Paperback: 240 pages

Publisher: Zondervan; 2015 This Printing edition (January 6, 2015)

Language: English

ISBN-10: 0310339642

ISBN-13: 978-0310339649

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 619 customer reviews

Best Sellers Rank: #9,095 in Books (See Top 100 in Books) #79 in Books > Christian Books & Bibles > Christian Living > Personal Growth #156 in Books > Christian Books & Bibles > Christian Living > Spiritual Growth #1432 in Books > Religion & Spirituality

## Customer Reviews

Karen Ehman is a Proverbs 31 Ministries speaker, a New York Times best-selling author, and a writer for Encouragement For Today, an online devotional that reaches over one million women daily. She has written seven books including KEEP IT SHUT: What to Say, How to Say It &

When to Say Nothing at All and LET. IT. GO: How to Stop Running the Show & Start Walking in Faith. Married to her college sweetheart, Todd, and the mother of three, she enjoys antique hunting, cheering for the Detroit Tigers, and feeding the many teens who gather around her kitchen island for a taste of Mama Karen's cooking. Connect with her at [www.karenehman.com](http://www.karenehman.com).

This book is so awesome! It really hit home with me and my big mouth! I felt Karen had been around when I opened my mouth before and was talking to me personally. You will love this book--easy read and you will not be able to put it down.

Karen Ehman writes as if she's sitting right next to you have a cup of coffee and a conversation. She places life experience with biblical truth on how to control your tongue. This is a great book. I pray God blesses her for her obedience to write it.

Great book! Easy reading and good insight on how to use our words to glorify and honor God and others. What a reminder of how we truly communicate with others. We have used this book, along with the workbook and DVD for our ladies Bible study. It has been very well received. This has been the largest Ladies Bible study yet at our church..... 39 ladies!

I admit that this book was exactly what I needed. Some of the truths are hard to hear but necessary for growth. If the title speaks to you or intrigues you at all, you need to read this book. It's based on Christian principles and relies heavily on Proverbs for advice and the reasons why it is so important to guard our tongues. I would recommend it to anyone who regularly says things they regret.

This book came on Book Bub just in time. I'm always struggling with the right thing to say, or not say. And in particular when to speak up online and how to handle some public conversations. I definitely took away some nuggets and will make use of them immediately. Hopefully people might notice something more positive soon...

This book took me longer to read than normal. Not sure why. It's well written, reads easy and has a sound base of Biblical knowledge. Perhaps it's just not the time I needed to read it. Luckily, I have it on my Kindle and when I need to hear these words it'll be there for me.

DVD was horrible. Just a regurgitation of what can be read. The book could have been cut in half.

Each chapter had half of her stories which we couldn't decide if they were there to make her feel good or to make us think more or less of her. Lots of rambling. However, the latter half of each chapter had some really valuable info. It's a shame it was published this way. Did this study in 2 different groups at the same time and all had the same opinion.

excellent book, but workbook is redundant, only buy one or the other

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